

# conversation starters for family dinner time

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Parent(s) share a story about the kids when they were babies or toddlers.

Each kid tells how they think their parents met. Parents go last.

Parents share what you were like at your kids' ages. Kids say what they think they will be like as parents.

What do you want to be when you grow up?  
(This answer changes often with kids)

Best thing, worst thing  
Go around the table and ask each person to share the best thing about their day and the worst thing about their day.

What is your favorite meal Mom cooks?  
What is your favorite meal Dad cooks?  
(You'll get some dinner ideas from this conversation!)

If you could have any super power, what would it be?

Name 3 foods you would never eat.

What is your dream job?

If you could ask God one question, what would it be?

What is the thing you worry about most?

What are you most thankful for?